

Dairy

Free Ched. Shred
 Free Moz. Shred
 Smart Squeeze
 Shed Spread
 Egg Beaters
 Eggs
 Yogurt
 Sour Cream
 Soy Milk
 Van. Soy Milk
 Milk

Snacks

Baked Lays
 Baked Doritos
 Granola Bars
 Rice Krispy Treats
 Fat Free Pringles
 Saltines
 Wheat Thins
 Triscuits
 Ritz

Breads

Bread
 Hamburger Buns
 Hot Dog Buns
 Tortillas
 Eng Muffins
 Muffins
 Bagles
 Pitas

Drinks

Kool-aid
 Crystal Light
 Diet Cokes
 Orange Juice
 Bottle Water
 Grapefruit Juice
 Yoo-Hoo

Canned Goods

Black Beans
 Kidney Beans
 Green Beans
 Corn
 Diced Tomatoes
 Tomatoe Sauce
 Chili
 Chinese Veggies
 Soup
 Peas

Fruit

Strawberries
 Apples
 Oranges
 Mandarin Oranges
 Pears
 Pineapples
 Grapes
 Bananas
 Watermelon

Veggies

Bell Pepper
 Onion
 Broccoli
 Cauliflower
 Lettuce
 Tomatoes
 Mushrooms
 Potatoes

Condiments

Ketchup
 Mustard
 Mayo
 PB
 BBQ Sauce
 Syrup
 Picante
 Jelly
 Choc Syrup

Baking / Spices

Taco Mix
 Chili Mix
 Flour
 Sugar
 Choc Chips
 Pecans
 Pie Crust
 Oil
 Brown Sugar
 Cooking Spray

Bfast

Good Friends
 Fibre One
 All Bran
 Other Cereal

Pasta / Rice

Pasta
 Rice Mix
 White Rice
 Brown Rice

Meat

Sandwich Meat
 Hamburger
 Chicken
 Fish
 Roast
 Hot Dogs
 Bacon

Frozen

Waffles
 Skinny Cows
 Cones
 Veggies
 Veggie & Pasta
 Boca Burgers
 Boca Links
 Chicken Bocas
 French Fries
 Lean Cuisines

Paper/Plastic

Paper Towels
 T.P.
 Napkins
 Trash Bags
 Kleenex
 Zip Loc Bags
 Foil
 Plastic Wrap
 Parchment Paper

Bathroom

Her Shampoo
 Her Deo
 His Shampoo
 His Deo
 Toothpaste
 Toothbrush
 Soap
 Lotion
 Pads/Tampons

Cleaners

Mop
 Dish Soap
 Dishwasher Soap
 Detergent
 Oxi-Clean
 Toilet Cleaner
 Pledge
 Sponges
 Toilet Wipes
 Lysol
 Pine-Sol

Other

Cash
 Stamps